

Grief

The Lord is close to the brokenhearted and saves those who are crushed in spirit. Psalms 34:18

Feel your feelings. God gave them to you for a reason; just don't allow yourself to house a spirit of grief. Don't let a season of sadness and mourning become a lifestyle.

Put on praise music for Psalm 22:3 says the Lord inhabits our praise. And where the spirit of the Lord is, there is freedom. Freedom from pain, grief and sadness.

Know that loss and death are events we all experience in the journey of life, and what's most important is where you spend eternity after death. Be prepared, and let your children be prepared and know your wishes. The best gift and inheritance you can leave them, is an assurance that they will see you again. In death, there is such comfort knowing without a doubt their loved one is with Jesus.

Let grief and or loss take you closer to Jesus. That will bring you fullness of joy. Our grieving shouldn't look like the world's grieving.

So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand. Isaiah 41:10